

Summary of practical use guide

for the management of Heart Failure LVEF $\geq 40\%$ in adults

NEW INDICATION

 Adult patients with HF LVEF $\geq 40\%*$

 Serum [K⁺] ≤ 5.0 mmol/L

 eGFR ≥ 25 mL/min/1.73m²



Do not initiate treatment if: serum [K⁺] is >5.0 mmol/L or eGFR <25 mL/min/1.73m²

DOSE INITIATION

eGFR (mL/min/1.73m²)

$\geq 25 - <60$

Starting dose

10
mg od

Target dose[†]

20
mg od

≥ 60

20
mg od

40
mg od

DOSE ADJUSTMENT

Serum [K⁺]
mmol/L

Measure serum [K⁺] and eGFR 4 weeks after initiating treatment or a dose adjustment. Adjust dose as needed

<5.0



Increase to or maintain at target dose (if eGFR has decreased by more than 30% compared with previous measurement, maintain current dose)

$\geq 5.0 - <5.5$



Maintain at current dose

$\geq 5.5 - <6.0$






Decrease to previous dose (withhold if 10 mg od)



If serum [K⁺] ≥ 6.0 mmol/L, withhold treatment. Restart at 10 mg od if serum [K⁺] <5.5 mmol/L[‡]

CONTRAINDICATIONS

In patients:

-  with **hypersensitivity** to the drug components
-  receiving concomitant treatment with **strong CYP3A4 inhibitors**
-  with **Addison's disease**

WARNINGS AND PRECAUTIONS

-  Can cause **hyperkalemia**[§]
-  Can cause **worsening of renal function** in patients with HF[§]
Rarely, severe events have been reported

SERUM POTASSIUM [K⁺] AND eGFR MONITORING

Monitor serum [K⁺] and eGFR periodically throughout treatment

More frequent monitoring may be necessary for patients at risk for hyperkalemia

Monitor serum [K⁺] and eGFR 4 weeks after:

- 1 Treatment initiation**
- 2 Dose adjustment**

Reference:

1. Kerendia Summary of Product Characteristics

*for the treatment of symptomatic chronic heart failure with left ventricular ejection fraction (LVEF) $\geq 40\%$ in adults;

[†]Increase to target dose 4 weeks after treatment initiation based on eGFR and serum [K⁺] thresholds;

[‡]If repeated serum [K⁺] measurements are ≥ 5.5 mmol/L, restart finerenone at 10 mg od when serum [K⁺] <5.0 mmol/L;

[§]Monitor serum [K⁺] and eGFR as advised.

CYP3A4, cytochrome P450 3A4; eGFR, estimated glomerular filtration rate; HF, heart failure; [K⁺], potassium; LVEF, left ventricular ejection fraction; od, once daily.

Prescribing information and adverse event reporting information for Kerendia[®] (finerenone) is available via the QR code on the right.

Either click [here](#) or scan the QR code for prescribing information and adverse event reporting information.

For direct access to this prescribing information, please ensure your device's browser settings have automatic PDF download enabled.

