

The information below is not intended to replace that provided by your healthcare professional. Always read the full patient information leaflet inside the XONVEA® (doxylamine succinate 10 mg/pyridoxine hydrochloride 10 mg) pack.

XONVEA® is used in pregnant women aged 18 years and older, to help stop them feeling sick (nausea) and being sick (vomiting). It is used when changes in diet or other non-medicine treatments have not worked. XONVEA® contains doxylamine succinate which is an antihistamine and pyridoxine hydrochloride which is another name for vitamin B6.

How to take XONVEA®

Your doctor will start you on a low dose and possibly increase it - this will depend on your symptoms and how you are feeling.

Day 1 • Take 2 tablets, by mouth, at bedtime.

Day 2 • Take 2 tablets, by mouth, at bedtime.

- If your nausea and vomiting is better or controlled on Day 2, continue to take 2 tablets every night at bedtime. This will be your usual dose unless your doctor, pharmacist or nurse tells you otherwise.

Day 3 • If you still had nausea and vomiting on Day 2, take 3 tablets, by mouth on Day 3 (1 tablet in the morning and 2 tablets at bedtime).

Day 4 • If your nausea and vomiting was better or controlled on Day 3 continue to take 3 tablets each day (1 tablet in the morning and 2 tablets at bedtime). This will be your usual dose unless your doctor, pharmacist or nurse tells you otherwise.

- If you still had nausea and vomiting on Day 3, take 4 tablets, by mouth each day (1 tablet in the morning, 1 tablet in the mid-afternoon, and 2 tablets at bedtime).
- Do not take more than 4 tablets each day (1 in the morning, 1 in the mid-afternoon, and 2 at bedtime).

Taking this medicine:

- Take XONVEA® on an empty stomach
- Swallow the tablet whole with a glass of water
- Do not crush, chew, or split the tablets before swallowing
- If you cannot swallow XONVEA® tablets whole, tell your doctor, pharmacist or nurse

Days 1 & 2 - Regular dose



Day 3 - Adjusted dose



Day 4 - Maximum dose



* Always take XONVEA® exactly as advised by your healthcare professional. This information is not intended to replace their advice.

If you take more XONVEA® than you should

If you take more XONVEA® than you should, stop taking XONVEA® and talk to a doctor or go to a hospital straight away. Take the medicine pack with you.

The following effects may happen:

- feeling restless
- sleepy or dizzy
- dry mouth
- larger black part of the eye (dilated pupils)
- confusion
- fast heart rate

If the amount of medicine in your body is very high, you may also have fits, muscle pain or weakness or sudden severe kidney problems. These may even lead to death. If you have these signs - stop taking XONVEA® and talk to a doctor or go to a hospital straight away.

Keep away from children

For more information about XONVEA®, refer to the patient information leaflet (PIL) provided in the XONVEA® pack.

If you stop taking XONVEA®

Do not stop taking XONVEA® without talking to your doctor first. If you stop taking this medicine suddenly your feeling sick (nausea) and being sick (vomiting) may come back. Your doctor will tell you how to stop taking this medicine slowly over time to help avoid this. If you have any further questions on the use of this medicine, ask your doctor, pharmacist or nurse.

When you feel that your nausea and vomiting symptoms are improving and less severe, speak to your doctor, nurse or pharmacist about a gradual reduction in your dose of XONVEA® to prevent a sudden return of symptoms.

Possible side effects of XONVEA®

Like all medicines, this medicine can cause side effects, although not everybody gets them. Please ensure that you read your leaflet in the pack, which will have all side effects listed.

Very common:

may affect more than 1 in 10 people¹

- feeling very sleepy

Common:

may affect up to 1 in 100 people¹

- feeling dizzy
- feeling tired
- dry mouth

Driving and using machines
Ask your doctor about driving whilst on XONVEA®.

It is very important your doctor knows about all of your medicines, including any bought over the counter.

If you have any further questions, talk to your doctor, pharmacist or nurse.

Reporting of side effects

For patients taking an Exeltis UK medicine: If you experience side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in the patient information leaflet.

By reporting side effects you can help provide more information on the safety of a medicine. Side effects can be reported to Exeltis UK Pharmacovigilance at pharmacovigilance.uk@exeltis.com.

You can also report side effects to the MHRA via the Yellow Card Scheme. Reporting forms and information can be found at www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in Google Play or Apple App Store.

Developed by Exeltis for patients prescribed XONVEA®

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